

# Health Education Materials for California Health & Wellness Plan Members

Providers may fax requests to 800-628-2704, or email the completed form to [Healtheducationdept@healthnet.com](mailto:Healtheducationdept@healthnet.com). For questions, call 800-804-6074.

Provider information – please print clearly			
Provider/clinic/organization name:		Contact name:	
Address:			
County:	Phone:	Email:	
<ul style="list-style-type: none"> <li>• 50 copies of materials will be sent for each topic ordered. A maximum of 5 topics may be ordered each month.</li> <li>• Please allow 4–6 weeks for processing and delivery. For larger orders, call 800-804-6074.</li> </ul>			

## Select requested topics and languages

Topics	Language(s) <sup>1</sup>	Topics	Language(s) <sup>1</sup>
Adverse Childhood Experiences (ACEs)		Kidney failure	
Asthma		Lead poisoning	
Breast cancer screening		Low back pain	
Bipolar disorder		Lung disease	
CHWP* Health Education Programs		Mental health	
Carotid artery disease (CAD)		Migraine headaches	
Cervical cancer screening		Nutrition	
Chronic obstructive pulmonary disease (COPD)		Pain control	
Cold – self care		Pregnancy	
Dementia		Respiratory infection (RSV)	
Dental – tips for healthy teeth		Schizophrenia	
Depression		Smoking cessation tips	
Diabetes – tips to control diabetes		Staying Healthy Assessment (SHA) forms <sup>2</sup>	
Exercise		Substance abuse	
Flu		Tension headaches	
Heart failure		Trauma brain injury	
Heart health		Urinary tract infections (UTI)	
HIV/sexually transmitted diseases (STDs)		Vertigo – staying safe	
Hypertension		Weight control	
Initial health assessment/nurse advice line		Well-child care	

List any additional topic that you need	Language(s) <sup>1</sup>

\*CHWP – California Health & Wellness Plan

<sup>1</sup>All topics are available in English and Spanish. Alternative formats may be available upon request.

<sup>2</sup>Staying Healthy Assessment (SHA) forms: One complete set of SHA forms will be sent for each language ordered. Forms can also be downloaded at <http://www.dhcs.ca.gov/formsandpubs/forms/Pages/StayingHealthy.aspx>